

# Is your patient **Fit2Sit**?

Patients meeting the following criteria are eligible to be offloaded to the waiting room:

## Fit2Sit Inclusion Criteria


The patient must be:

- CTAS 3-5
- Stable vital signs
  - HR 50-100 bpm
  - RR  $\leq$ 24
  - Systolic BP  $\geq$ 100 mmHg
  - O<sub>2</sub> sat  $\geq$ 94% (room air)
  - BG  $\geq$ 4 mmol/L
  - Afebrile
- GCS 15 (or normal cognitive state)
- >14 and <75 years of age (or is with a responsible adult/guardian)
- Able to ambulate independently or with minimal assistance
- Able to sit in chair/wheelchair
- Able to follow direction

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## Fit2Sit Pertinent Negatives

- NO seizure activity within last 24 hours
- NOT visibly intoxicated
- Patient is NOT experiencing an acute psychiatric emergency
- NO ongoing medical treatment (by Paramedics)
- Does NOT require active monitoring
- NO medications given by Paramedics other than:
  - Acetaminophen
  - Ibuprofen
  - Ketorolac



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## Transfer of Care Process:

