Is your patient Fit2Sit?

Patients meeting the following criteria are eligible to be offloaded to the waiting room:

Inclusion Criteria

The patient must be:

- **≻ CTAS 3-5**
- > Stable vital signs
 - •HR 50-100 bpm
 - •RR <24
 - •Systolic BP ≥100 mmHg
 - •O₂ sat ≥94% (room air)
 - •BG >4 mmol/L
 - Afebrile
- > GCS 15 (or normal cognitive state)
- > >14 and <75 years of age (or is with a responsible adult/guardian)
- Able to ambulate independently or with minimal assistance
- > Able to sit in chair/wheelchair
- > Able to follow direction

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Pertinent Negatives

- > NO seizure activity within last 24 hours
- > NOT visibly intoxicated
- Patient is NOT experiencing an acute psychiatric emergency
- NO ongoing medical treatment (by Paramedics)
- > Does NOT require active monitoring
- NO medications given by Paramedics other than:
 - Acetaminophen
 - •lbuprofen
 - Ketorolac



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Transfer of Care Process:

On Scene

- Identify Patient as Fit2Sit
- Contact Destination Coordinator and identify patient as Fit2Sit



During Transport

 Prepare the patient and advise them they will be offloaded to the ED waiting room



At Hospital

 Follow process outlined on poster at hospitals (or scan the QR Code below)



