

Honeywell Howard Leight FirmFit Soft Foam Earplugs: Tips & Instructions

Honeywell Howard Leight FirmFit Soft Foam Earplugs have a noise reduction rating of 30 decibels.

Use good hand hygiene (wash or sanitize hands) prior to handling ear plugs.

Inspect earplugs prior to using to ensure they are in good working order. If damaged or soiled, earplugs should be disposed of and not used.

Please remember to correctly fit earplugs using the instructions provided below and dispose of after use. Earplugs are intended as one time use only and should not be reused.

To ensure the best protection while using the earplugs, **remember to roll, pull, and hold when putting them in your ears.**

1. Roll

Roll the earplug into a narrow crease-free cylinder with your fingers. You can use one or both hands.



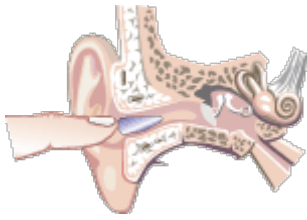
2. Pull

Pull the top of your ear up and back with your opposite hand to straighten your ear canal. The rolled-up earplug should slide in.



3. Hold

Hold the earplug in with your finger for 40 seconds to allow it to fully expand to fill the ear canal. Your voice will sound muffled when the earplug has made a good seal.



Check the Fit

Most of the foam body of the earplug should be in the ear canal. Cup your hands tightly over your ears - if sounds are much more muffled with your hands in place, the earplug may not be sealing properly. Take the earplug out and reinsert following the provided instructions.



Removing the Earplugs

Remove earplug with a slow gentle twisting motion to break the seal prior to removing from the ear canal.

Improper, quick removal can cause damage to the eardrum.

Please contact a Superintendent if you have any questions.