



Fully affiliated with the University of Toronto

## M E M O R A N D U M

**TO:** Toronto Paramedic Services

FROM: Dr. Morgan Hillier, Base Hospital Medical Director

DATE: February 13, 2023

RE: Dexamethasone Oral Administration

It has been brought to our attention that Dexamethasone is listed by the manufacturer for intravenous and intramuscular administration only, but that the Medical Directive includes the oral administration as a preferred route.

This communication is to clarify that paramedics are authorized by the base hospital to provide oral administration of the IV/IM Dexamethasone preparation as per the medical directive. This does not require any dose adjustment.

I hope this memo clarifies any confusion related to the use of Dexamethasone PO.

Any questions, can be directed to myself at <a href="Morgan.Hillier@sunnybrookca">Morgan.Hillier@sunnybrookca</a> or Scott Gorsline at <a href="Scott.Gorsline@sunnybrook.ca">Scott.Gorsline@sunnybrook.ca</a>.

Sincerely,

Morgan Hillier MD, MSc, FRCPC Base Hospital Medical Director Toronto Paramedic Program

